

Smoking and the Warfighter

Decreased night vision

Decreased mental acuity

**Decreased ability
to deal with stress**

Increased need for water

**Decreased fine
motor coordination**

Decreased lung capacity

Decreased stamina

Decreased wound healing

Increased injuries

Are you compromising the mission?



Poster based on original design by Major Renee Ponce, Army CHN (July 2003)
Photo by Dennis Steele/ARMY Magazine Copyright 2003 Used by permission.